

FORTUNA PARKS & RECREATION

5 Park Street - Fortuna, Ca

Phone: 725-7620 Fax: 725-7576

Office hours: Monday - Friday, 8am to 5pm

Website: www.friendlyfortuna.com - Email: park@ci.fortuna.ca.us

2013 ONGOING ACTIVITIES

Facility use & program forms may be downloaded on the Fortuna website for your convenience.
The following classes & activities run continuously throughout the year. (Fees subject to change)

PUBLIC ROLLER-SKATING AT FIREMEN'S PAVILION:

Public skating hours: Fridays & Saturdays 6:30 - 9:30pm. Cost: ages 6 & older - \$5, ages 5 & under - \$3, skates included. Personal skates need to be checked by skate staff. \$2.50 charged for non-skaters. Different themes or bargain nights are offered on Saturdays: Family night, Bargain Night \$3 all skaters, and Retro Roller Night. Purchase paid in advance skate punch cards at Park Office during business hours. Fees: ages 6 & older - \$20 for 5 tickets, ages 5 & under - \$12 for 5 tickets.

PRIVATE PARTIES AT FIREMEN'S PAVILION:

Parties may include skating, basketball, dancing, sock hockey and many more activities. Parties are 2 hours in length, with skating staff provided: \$75 prepaid covers the first 30 skaters. Each additional skater is \$2 a person. Music is provided or bring own CD/tapes. This is a great idea for birthday parties & other family, company, or school get-togethers. Party area is available for serving refreshments at no additional cost. Reservation form and fees must be received at least 7 days in advance. Reservation requests received less than 7 days in advance are not guaranteed. Reservations can be made over the phone with a credit card. Call Park Office for available dates.

PARTY ROOM RESERVATION DURING PUBLIC SKATE:

Reserve in advance a table in the party room for \$30 Hours available are Friday & Saturday 6:30 - 9:30pm, can be used for birthday parties or special family gatherings. Form and fee must be paid at Park Office no later than Wednesday by 5 pm, of the weekend desired. Reservation fee includes two free skate passes. For additional admissions you may purchase paid in advance skate punch cards at Park Office or pay additional cost at the door. Must bring receipt to staff before setting up.

FORTUNA'S DEPOT MUSEUM:

Fortuna's Depot Museum is located in Rohner Park. The depot was originally built in 1893 and located at the foot of 7th Street. As part of the nation's Bicentennial celebration the city moved the depot to Rohner Park and converted it into Fortuna's museum of local history. The museum's grand opening was held on July 4, 1976. Exhibits feature railroads, logging, fishing, farming and ranching, local Native American culture, a general store, and the daily lives of those who for generations called Fortuna "home." Other highlights include the Rohner Room, dedicated to the Swiss immigrant family who donated much of the land that became Rohner Park, and Northwestern Pacific Caboose # 11, built in 1909 and donated to the museum by the Noble family in 2006. Visitors are welcome to use the local history research materials in the Reference Room, including a complete set of Fortuna Union High School Megaphone yearbooks from 1906 to the present. Winter hours: Noon-4:30 pm, Thursday - Sunday. Summer hours: Noon-4:30pm, 7 days a week. No fee. Prearranged tours are available by calling 725-7645.

YOUTH SEASONAL SPORTS, ACTIVITIES AND PROGRAMS

HOT SHOTS YOUTH BASKETBALL:

Registration begins in December and ends in January. Fee: \$35, \$30 siblings. League is for boys and girls in grades K through 4th, kindergartners must be 6 years old by the time the league begins. Teams play Saturday mornings for 6 weeks at Firemen's Pavilion in Rohner Park or Toddy Thomas starting in January. T-shirt provided to each child who enrolls.

HOLIDAY BREAK PROGRAMS:

Children ages 5 - 13 are invited to attend the City of Fortuna's Recreation programs during school holidays. We will be providing many activities such as arts & crafts, cooking, games, hikes and even roller skating! Our hours are 7:30am to 5:30pm. Fees are \$20/day or \$15/half day. Discounts for siblings are available. Your children will need their own lunch, snacks, drinks and a jacket. Programs offered during Thanksgiving Break, Winter Break, President's Week and Spring Break. Pre-registration is required. Sign your child up at the Park Office in Rohner Park.

SUMMER FUN:

Program runs June through August. All children ages 4 - 14 are invited to come join our supervised activities. Come hang out and skate, bike, hike, cook, play games, go to the movies, or enjoy a refreshing water day at Rohner Park! We offer morning and afternoon hours and discounts are available for multiple siblings. A daily drop in rate is also offered. Sign up your children at the Park Office beginning mid-May and continuing throughout the summer. Grant information available at the Park Office beginning mid-May.

ADULT SPORTS LEAGUES

ADULT BASKETBALL LEAGUES:

Teams begin forming in January - February. Play begins in March. Pick up roster at Park Office. Managers furnish contact information. Teams pay \$100 deposit when submitting roster, which will be retained by the City and applied to any unpaid forfeit and/or technical foul fees incurred by teams/players during the regular season. For ages 18 & older. League fees are determined by number of teams & games played. Player fees due for each player. Each player must sign a Code of Conduct & Release of Liability.

ADULT SOFTBALL LEAGUES:

Teams begin forming in April - May. Play begins in June. Pick up roster at Park Office. Managers furnish contact information. Teams pay \$100 deposit when submitting roster, which will be retained by the City and applied to any unpaid forfeit and/or technical foul fees incurred by teams/players during the regular season. For ages 18 & older. League fees are determined by number of teams & games played. Player fees due for each player. Each player must sign a Code of Conduct & Release of Liability.

CO-ED ADULT SOFTBALL LEAGUES:

The first eight teams will be accepted. The teams from the previous year get first choice. Play begins in August for six weeks. Pick up blank team rosters at Park Office. Managers furnish contact name, address & phone number. Teams pay \$100 deposit (nonrefundable) when submitting roster. For ages 18 & older. League fees are determined by number of teams & games played. Player fees due for each player. Each player must sign a Code of Conduct & Release of Liability.

MEN'S BASKETBALL OPEN REC:

Men over the age of 18 years of age play during January - March at the Firemen's Pavilion in Rohner Park. Evening hours, Monday - Thursday . \$2 drop-in fee.

SPORTS NOT OFFERED THROUGH PARKS & RECREATION

FORTUNA LITTLE LEAGUE

Fortuna Little League Baseball & Softball youths ages 5 to 12 for boys and 5 thru 16 for girls can develop their skills and enjoy a summer of fun through the Fortuna Little League program. The League offers several divisions including: T-Ball Ages 5-6, Coach Pitch Ages 7-8, Little League Major A's & B's Ages 9-12. Girls Softball in the same age groups as well as Girls Senior league Ages 13-16. Co-sponsored with Fortuna Parks & Rec.

EEL RIVER VALLEY YOUTH FOOTBALL

The main objective of Eel River Valley Football shall be to provide supervised football and cheerleading programs that are enjoyable, educational and challenging to the youth of our community. In support of these objectives, our organization shall teach and promote the ideals of good sportsmanship, personal integrity and team cooperation through participation and instruction in the game of football and cheerleading. We have about 175 youth in our program each year. Signups begin in May and the season starts in August.

HUMBOLDT YOUTH SOCCER LEAGUE

The Eel River Youth Soccer Club is a non-profit organization administered by volunteers committed to providing a positive, fun and affordable soccer experience to the children of Central and Southern Humboldt County. The ERYAC is a division of the Humboldt Youth Soccer League. The regular league season runs from September to mid November, with competitive teams usually playing additional tournaments before and after the season.

HUMBOLDT CRABS BASEBALL CAMP

Youths ages 8-14 learn the essentials and improve techniques of play. Week-long camp held in early July at Newburg Park. 9am - 1pm. Co-sponsored with Fortuna Parks & Recreation.

CLASSES OFFERED THROUGH PARKS & REC

BALLET:

Trinity Ballet Academy is offering Ballet through Fortuna Parks and Rec at the Rohner Park Skating Rink. Contact the Director for dates of classes, times and fees. Registration is by mail only. Call Director Greta Leverett for more information at 442-9725. Check out Trinity Ballet Academy's website at <http://trinityballetmck.com/> Trinity Ballet Academy has been serving Humboldt County for over 12 years.

CPR CLASSES

CPR saves lives!!!!!! About 92% of sudden cardiac arrest victims die before reaching the hospital, but statistics prove that if more people knew CPR, more lives could be saved. Immediate CPR can double, or even triple, a victim's chance of survival. Anyone can learn CPR - and everyone should! Sadly, 70 percent of Americans may feel helpless to act during a cardiac emergency because they either do not know how to administer CPR or their training has significantly lapsed. This alarming statistic could hit close to home, because home is exactly where 88 percent of cardiac arrests occur. Put very simply: The life you save with CPR is mostly likely to be someone you love. Don't be afraid; your actions can only help. Classes are taught by Rus Brown, American Heart Association Instructor and Assistant Chief in Fortuna. Refresher class is 2 hours in length, fee is \$35. Initial class is 3 hours in length, fee is \$45. Space is limited so sign up now. Please call Christina at the Park Office by calling 707-725-7620 for more information. Classes are held each month

REDWOOD COAST K9:

Redwood Coast K9 Academy is offering fun, positive training experiences for dogs and their owners. The Academy is a service provided by Fortuna Veterinary. Classes are offered by Janna Campillo, Veterinary Technician and experienced Dog Trainer. Courses are offered on Wednesday at Fortuna's Rohner Park with access to the Pavilion and the entire park. Janna provides her clients with a fun, active training environment where dog and owner learn through positive reinforcement. Contact instructor at 725-6131.


FIRST AID:

Class is taught by Rus Brown, American Heart Association Instructor and Assistant Chief in Fortuna. Class is 4 hours in length, fee is \$40. Space is limited so sign up now. Please call Christina at the Park Office by calling 707-725-7620 for more information or class dates.

GET FIT BABY:

A fitness & defense class for moms. You want to work out but don't want to leave your baby? Bring your baby with you. Do martial arts movements while toning your body and learn self defense. Classes held at the Firemen's Pavilion in Rohner Park on Monday, Wednesday and Friday, 9:30 am - 10:30am. Contact Kalee Giacomini at 834-6535 for more information.

DANCING WITH MOMMY & ME:

Class is taught by Nelly Galeana. FUN music! FUN dances! FUN time! Not only children will explore a variety of music and movement styles but also parents will be to work out without noticing with their children. Dress children in light comfortable clothing, with socks and shoes. Class is on Wed, 6:35 pm- 7:25 pm. For more information, please contact the instructor at 725-6129 or nellygaleana@hotmail.com

RESULTS FIT CAMP:

Personal trainers, Kari Palmer & Sandy Aguiar, will offer 8 weeks of challenging, fun packed, hands on, personal fitness instruction along with nutrition coaching regardless of age, size or fitness level. Exercise includes: hikes, running, walking, calisthenics, sports drill, band & tubing exercises and much more. Tues/Thurs 5:30am, 9am & 6:30pm at Firemen's Pavilion. Classes are one hour. Call 725-8735 for more information.

ZUMBA

Zumba classes feature exotic rhythms set to high-energy Latin and international beats. Before participants know it, they're getting fit and their energy levels are soaring! It's easy to do, effective and totally exhilarating, often building a deep-rooted community among returning students. Class taught by Sarah Jones. She has been certified since 2007. Class is taught on Tues/Thurs 6pm at the Rec Hall. Cost is \$5. Contact the instructor at sarahzgold@gmail.com

We're On the Lookout for New Classes...

We Want To Expand Our Leisure Class Offerings!

Is there a class you would like to see offered, or a class you'd like to teach?

Bring your ideas to Fortuna Parks & Recreation Office in Rohner Park, e-mail ideas & requests to park@ci.fortuna.ca.us or call us at 725-7620.

FOR SENIORS & DISABLED TRANSPORTATION

FORTUNA SENIOR BUS:

Looking for transportation, you no longer drive or the weather isn't well? Look no further. The City of Fortuna offers transportation within the city limits to seniors or if you have a disability which prevents you from driving. Eligibility? You must be 50 years and/or disabled. If under the age of 50, a doctor's note may be required. Two buses operate Mon - Fri, 8:30am to 4pm and the first Saturday of each month, 9am to 12 pm. It is a reservation & dispatcher based system, which means you call dispatchers to schedule the times you need the bus. Fees? Cash fare \$1.50 each time you board the bus or purchase a card for \$20, which is good for 16 trips. Call 725-7625 starting at 8am for questions, fares or to schedule reservations and return trips, Monday - Friday. Dispatch office is not open on Saturdays. We look forward to serving you!

COMMUNITY WATCH GROUPS

NEIGHBORHOOD WATCH PROGRAM

Neighbors coordinate efforts in watching out for one another's homes. Contact Officer Scott Hillman at Fortuna Police Dept at 725-7550 for meeting date and time.

SENIOR CITIZENS ON PATROL

Seniors in uniform monitor various areas of the community and report suspicious activities to the Police. An organized program ran by Fortuna Police Department using R.S.V.P. Members. For information, contact Fortuna Police Department at 725-7550.

SERVICES

EMERGENCY FOOD

Emergency food is distributed from the Pantry Shelf through St. Joseph's Church on Mon, Wed & Fri from 10am - 12pm at 2292 Newburg Rd. Call 725-1148 for details or leave message for Virginia Fox.

FORTUNA PUBLIC LIBRARY

Located at 14th and N Streets, behind the Chamber. Offers standard library service, wheel chair access, large print books, internet access, and much more. Call 725-3460 for hours and more information.

FORTUNA SENIOR LUNCH SITE

Lunches are served in the dining room of Mountain View Village at 2130 Smith Lane. Persons 60 years or older may attend Monday through Friday at 12 Noon. Call Launa at 725-6245 between 9am - 1:30pm the day before for reservations or cancellations. Sponsored by Humboldt Senior Resource Center and Humboldt Senior Nutrition Program. \$3.50 suggested donation.

ELDER MEALS PROGRAM

A program for the elderly who can't get out to the lunch site, sponsored by Blue Lake Rancheria Elderly Nutrition Program. Delivers on Tuesdays, five frozen meals with milk and juice. Call Gina Steeves at 668-5101 ext 1039 for home delivery. \$3.75 per meal.

A FEW OF THE COMMUNITY GROUPS FOUND IN ROHNER PARK....

FORTUNA ART COUNCIL

Meetings are 3rd Monday at 1 pm at the Rohner Recreation Hall in Rohner Park. A program is offered after the business meeting and anyone interested in art or any facet of art is welcome. Contact Connie Gardner at 725-0212.

FORTUNA LIONS CLUB

Meet the 1st & 3rd Tuesday of each month at 7:00pm at the Rec Hall in Rohner Park. For more information, call Andy Erickson at 725-9293.

FORTUNA PISTOL CLUB

3rd Thursday each month at 6:30 pm at Rohner Recreation Hall. All members welcome. 12 & 25 yd range. Range open to the public every Monday & Wednesday (except holidays) 7pm - 9pm. Membership is available. Call Tim Lawrence at 499-0725 for more information.

HORSESHOE CLUB

The Fortuna Club Courts in Rohner Park by the Rodeo grounds have 9 pits & are fenced for safety purposes. Watch for tournaments. Tournaments are held nationwide every weekend February - November. Membership in national organization and annual dues are required. For further information, call Henry Clark at 725-3052.

INCOME TAX HELP

Seniors and low income families, need help with your taxes? Free tax help offered February to April. Call 726-9203 to schedule an appointment or for more information.

NATIVE DAUGHTERS OF THE GOLDEN WEST - REICHLING PARLOR

Meet on 2nd Tues in Rec Hall, 1-3pm. Helps restore California missions. For more information, contact Alice Haywood at 725-3586.

REDWOOD AMATEUR RADIO CLUB

Meet on 4th Tues in Recreation Hall, 7:00-9pm. Call Frank Cope at 725-4706 for more information.

REDWOOD GENEALOGICAL SOCIETY

Trace your ancestors. The Genealogical Library, located behind the Rohner Recreation Hall is open Wednesday mornings starting at 9 am. Annual memberships. Classes and seminars held periodically. Call Allison Grundman at 725-6060.

RELIC ACCUMULATORS

Meet on 4th Fri, Jan - Oct; 3rd Fri, Nov & Dec in Recreation Hall, 7-10pm. Call Arlene Hartin at 443-8841 for more information.

VCOR (Volunteer Center of the Redwoods/ R.S.V.P. (Retired Senior Volunteer Program)

Senior volunteers ages 55 and over contribute their skills to the community. Staff will match your talents with variety of volunteer needs of public and nonprofit agencies, schools and special projects. Members currently serve in Fortuna Parks and Recreation, Fortuna Depot Museum, Fortuna Police Department, local library, as well as other locations. For details, contact Maureen McGarry at 442-3711 ext 218

TAKE OFF POUNDS SENSIBLY

Group meets on Fridays at 9am in the Rec Hall, weekly weigh-ins, programs, & group discussions. Anyone welcome! Contact Margaretta at 725-1801 for more information.